

TANUNDA NETBALL CLUB



Information Pack

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Introduction

Welcome to the Tanunda Netball Club.

Our CLUB participates in the Barossa, Light & Gawler Netball Association during the Winter Season (i.e. April to September) with matches played each Saturday at the participating club venues. We enter teams from Senior 1 down to Go (age 8 – 10 years old) level.

It is our aim to promote the game of netball, educate, train and coach players in all facets of netball and to provide the ability to participate in a competitive environment.

This booklet has been produced for players and their families to provide a guideline of the Club's direction and policies. It is not a substitution for the Club Constitution or Bylaws. These documents are available upon request.

Philosophy of Tanunda Netball Club

Our Vision

To be recognized as an inclusive, vibrant, welcoming and respected Netball club, encouraging participation in the game through all age groups.

Our Mission

To develop players of all levels, our umpires and coaches by focusing on skills development, promoting good sportsmanship, teamwork and demanding ethical and committed behaviours from all of our members.

Our Values

We value our members, sponsors, supporters and community.

“Work hard, Play fair, Have fun”

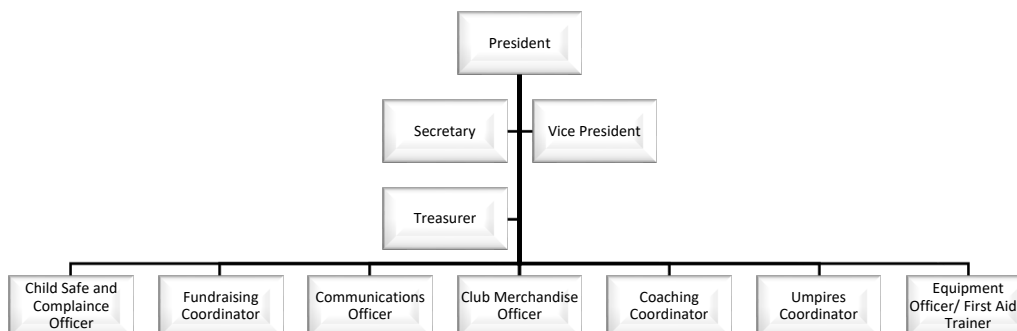
One of the main factors in the success of any sporting CLUB is the willingness of its players, both at senior and junior levels to become involved with their CLUB. Players and supporters are encouraged to get to know their CLUB better, to support teams other than their own and to give something back to their CLUB. Players are expected to support CLUB Functions, assist in fundraising and, where appropriate, help with umpiring and coaching. This support can only help strengthen any CLUB.

Management of the Club

MANAGEMENT COMMITTEE

In accordance with the CLUB constitution the management of the club is vested in the Management Committee, comprising of the Executive Committee (President, Vice- President, Secretary and Treasurer) and a minimum of 7 general members elected at the Annual General Meeting.

Diagram 1. Committee Structure and Reporting Pathway



PRESIDENT

- Influential leader
- Play leading role in club affairs
- Chair all Club Committee meetings and work with Secretary to prepare the Agenda
- Represent an unbiased viewpoint allowing free discussion to take place
- Casting vote
- Direct general affairs of the club
- Officiate the AGM
- Special project involvement
- Act as a signatory on the club account
- Attendance at appropriate meetings as determined by the Club Committee
- Liaise with local press as required

VICE PRESIDENT

- Assist with leadership of the club
- Represent the President in times of absence

SECRETARY

- Prepare and distribute the Committee meeting Agendas and meeting minutes
- Keep a copy of the Minutes of all Club Committee meetings
- Manage the Club's incoming correspondence and submit the same at the next Committee meeting. Distribute to relevant officers for response where required
- Work alongside the Treasurer to see that all affiliation/ registration documents are accurate and paid on time
- Act as a signatory on the club account

TREASURER

- Keep proper books and accounts and submit to each meeting of the Club
- Be responsible for the receipt of all monies on behalf of the Club and deposit such monies in to the bank account in the name of the club
- Act as a primary signatory on the club account
- Prepare annual balance and profit & loss sheets to submit to AGM after audit
- Ensure that appropriate insurance policies are in place for the Club and members

CHILD SAFE and COMPLIANCE OFFICER

- To be the first point of contact for parents and players where concerns about players welfare, poor practice or inequality are identified
- To ensure that the Club is complying with legislation
- To ensure **Working with Children Check** status is current for all TNC committee & coaching staff

FUNDRAISING COORDINATOR –other TNC members to assist

- To promote fund-raising activities
- Plan/organize social events for the club
- Liaise with coaches and managers to ensure club attendance at functions

COMMUNICATIONS OFFICER – role can be shared

- Produce club newsletter for home game distribution
- Maintain club website
- Compile and submit weekly team lists to The Barracker
- Compile and submit weekly match reports to local newspaper
- Maintain and respond to social media posts

CLUB UNIFORM/MERCHANDISE OFFICER

- Promote sales of club uniform & other branded products
- Maintain regular stock of uniform and merchandise prior to season start
- Review Club merchandise and order accordingly

COACHING COORDINATOR – subject to available personnel

- Mentor & develop coaches in all aspects of coaching
- Provide knowledge and expertise required to support the playing operations of the Club

UMPIRES CO-ORDINATOR

- Prepare and distribute umpire allocations for all games for the club
- Identify and recruit umpires, can include juniors with potential
- Umpire Development including training and preparation for theory and practical examinations

EQUIPMENT OFFICER

- Maintain an applicable supply of equipment, training balls
- Notify committee if equipment needs replacing or additional items required

FIRST AID

- Maintain suitable supply of first aid items – for 3 first aid kits
- Notify committee if equipment needs replacing or additional items required

CANTEEN ROSTER CORDINATOR

- Roster volunteers for home games can duties
- Work with Tanunda Football Club co-ordinator

Junior Player information

Our Expectations

We hope as a parent of a Junior Player at TNC that your family will enjoy a long and positive association with our Club.

Our Club is run by volunteers, and as such, for our Club to function effectively, we do ask families to support our Club in the following ways:

- Follow direction of your child's coach – **remember our coaches are volunteers**
- Undertake team duties such as: timing, scoring, Primary Carer (generally 2 times per season)
- Undertake rostered club duties such as: umpiring and canteen (generally 1 x 2-hour shift/ 1 game)
- Support fundraising and Club events
- Participate in duties rosters for BLGNA netball finals (each club has multiple responsibilities e.g., timing, scoring etc.)

Our Future

Our Junior players are the future of our Club. We welcome your feedback and ideas, which helps our Club move forward and focus on a better experience for our players and families in the future.

Our Commitment - Team Selection Policy - Junior Grades

- We believe that junior sport should be safe, enjoyable, and inclusive and maximise individual participation. We acknowledge that positive experiences will contribute to children developing a lifelong love of netball.
- Netball is about participation not competition.
- Match players with others of their own ability.
- Promote equal court time be given wherever possible. The Club will monitor this, and coaches are asked to keep accurate records which capture each players court time. Coaches are not required to 'balance the books' if your child is away or unable to play (injury, illness) any given week. During finals, court time and player positions are at the coach's discretion.

Please Note: *It is an expectation that you let the coach of your child's team know if they cannot attend training or games. Otherwise, in fairness to all players, if anyone misses training without a good explanation, they may not be able to play a full game that week.*

Our Game Day:

- Uniform: Club 'A-line' dress & Club 'boy leg' briefs and Club socks.
- Jewellery, earrings and body piercings *must* be removed prior to training and games.
- Nails *must* be kept short during netball season as umpires check them prior to each game.
- Please ensure that rostered duty responsibilities are completed.

Our Commitment - Picking up and Dropping off Children

TNC is committed to providing a safe environment for the participation of children and young people. We ask parents/caregivers to please ensure that you pick your child up on time or make other arrangements with someone known to the child and the coach.

Tanunda Recreation Park upgrades – during the upcoming season there may be limitations to vehicle movement around the Park, please ensure that you follow the appropriate instructions from the Barossa Council signage.

Our Safe Environment - Member Protection Policy

TNC is committed to providing a safe environment for the participation of children and young people. In accordance with Child Safe Environments Legislation all TNC Committee members and TNC Coaches working with children under 18 must complete a Working with Children Check. TNC has a Child Safe Officer who has completed Child Safe Awareness and Mandatory Reporting Training.

Social Media, Photos

Barossa, Light and Gawler Netball Association requires every person wishing to take an image of a child, to obtain permission from the child's parent/guardian before taking an image of a child that is not their own. They should make sure the parent/guardian understands how the image will be used. Where this involves a photo of an opposition player then permission from the opposition Coach must be received.

Junior teams – age groups

Tanunda Netball Club can field teams in the following Barossa Light & Gawler Netball Association (BLGNA) grades:

Grades	Age Range	Grade Focus
Go	8 – 10	Participation
Primary	11 and under	Semi-competitive, no finals
Sub Junior	13 and under	Competitive
Junior	15 and under	Competitive
Intermediate	17 and under	Competitive

The number of teams in each grade will be determined by the number of available players for the applicable grade for each season.

Extract from BLGNA rules

The qualification of players for Intermediate, Junior, Sub Junior and Primary Divisions shall be guided by an age limit as at the 31st December. This shall be taken in the year of competition.

Each Club must field teams from the top in all grades in all divisions.

Should a Club, after the ninth (9) round wish to drop a team to a lower grade, they must seek permission using the regrading proforma from the Association. No points or percentages may be transferred from one grade to another.

General Player information

TRAINING

- Players are expected to attend ALL training sessions. When a commitment is made to the CLUB, this includes training on stipulated nights.
- In all circumstances, such as illness or injury, the coach MUST be contacted PRIOR to training if the player cannot attend. Injured players are required to attend training where possible.
- A player, who has failed to attend training and neglected to notify the coach with an explanation, may not be selected in the starting team line up for the next match.
- Players who regularly miss training without acceptable reason are liable to disciplinary action.
- Players should treat training sessions with a positive attitude, expending the same effort they would in a match.
- Players should cooperate with the coach at all times.
- Playing uniforms are not to be worn to training.
- In the event of inclement weather, players should still attend training (unless previously advised by coach), the Club has an extreme weather policy that is to be used as a guideline.

MEDICAL MATTERS

The medical condition of all players is of prime concern to the Club and therefore CLUB policy requires that:

- All coaches inquire as to the medical condition of their players
- All players have a responsibility to declare any medical condition to their coach.
- A parent or guardian of a Junior player with a medical condition is required to be in attendance at training & during matches.
- A player returning from injury or illness that required medical attention is to provide the coach with a written clearance to resume training or playing. Such clearance is to be provided by either the player's doctor, physiotherapist or parent / guardian.

Included in all player and umpire registration fees (through PlayHQ) is a Netball SA insurance levy.

MATCHES

- Players should make themselves available for all scheduled matches throughout the season
- In extraordinary circumstances, the coach should be notified well in advance if the player is to be unavailable for any match.
- In the event of injury or illness, the coach should be contacted immediately the player becomes unavailable.
- An injured player should, where possible, attend matches even if she cannot take part.
- Players are expected to arrive at least 30 minutes prior to the match, or earlier as directed by their coach. Players who are repeatedly late for warm up may start the game as a substitute player.
- Players are to remain with the coach and team from the commencement of warm-ups to the completion of cool-downs.
- Any player representing the Tanunda Netball Club should conduct herself in an appropriate manner. Lack of sportsmanship, inappropriate language or unacceptable behavior will not be tolerated and a player may be removed from play.
- Uniforms should be kept clean and well presented.

General Code of Behaviour

1. Treat all persons with respect and courtesy and have proper regard for their dignity, rights and obligations.
2. Be ethical, fair and considerate and honest in all dealings with others.
3. Make a commitment to providing quality service.
4. Operate within the rules and spirit of the sport including national and state guidelines, constitution and polices which govern Netball Australia, Member Organisations and Affiliates.
5. Do not use your involvement with netball to promote your own beliefs, behaviours or practices where these are inconsistent with those of Netball Australia, Member Organisations or Affiliates.
6. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example
7. Always place the safety and welfare of children above other considerations
8. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
9. Comply with all relevant Australian by laws (Federal and State) particularly anti-discrimination and child protections laws.
10. Refrain from any behaviour that may bring Netball Australia, Member Organisations or Affiliates into disrepute.
11. Provide a safe environment for the conduct of the activity.
12. Show concern and caution towards others who may be sick or injured.
13. Be a positive role model.
14. Be responsible and accountable for your conduct.
15. Abide by the relevant Netball Australia role-specific codes of behaviour and understand the repercussions if you breach, or are aware of any breaches of this Code of Behaviour.

Players Code of Conduct

NON NEGOTIABLES

The Club, when necessary, will take appropriate action against any person who places the health, safety and wellbeing of another person at risk, including referring the matter to relevant Statutory Authorities and/or expulsion from the Club. The following behaviour which causes or has the potential to cause injury, offends, upsets, humiliates, excludes or frightens another person will not be tolerated.

Assault	Intentional physical attack or threatening behaviour including (but not limited to) hitting, slapping, kicking, spitting, throwing of an object, scratching or tripping
Abuse	Verbal insult, swearing or physical gestures
Bullying	The use of a position of power or strength to threaten, hurt or influence another person
Harassment	Continued intentional or unintentional unwelcomed actions or behaviour, including (but not limited to) sexual harassment
Discrimination	Intentional or unintentional inappropriate action or behaviour arising due to (but not limited to) a person's gender, race, religion, age or sexuality
Deliberate Misconduct	Intentionally disregarding directions of a Coach/Manager/Official or Club constitution, by-laws, Polices or Procedures etc

CONDUCT

In addition to the Club's General Code of Behaviour, it is expected that you meet the following requirements with regard to your conduct during any activity held by or under the auspices of the Club or Affiliates in your role as a player:

1. Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
2. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or victimisation.
3. Respect the talent, potential and development of fellow players and competitors.
4. Participate fairly and safely.
5. Be frank and honest with your coach concerning illness and injury and your ability to train and play fully.
6. Conduct yourself in a responsible manner relating to language, temper and punctuality.
7. Abide by the rules and respect the decision of the umpires. Be courteous and use the correct process when seeking a rule clarification.
8. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
9. Cooperate with coaches and staff in relation to programs that adequately prepare you for competition.
10. Do not engage in practices that affect sporting performance (alcohol, tobacco and drug use).
11. Applaud all good play, by your own team and opponents.
12. Respect and acknowledge the contribution of those who create the opportunity for you to play (e.g. scorers, coaches, timekeepers, administrators and umpires).

Parents and Supporters Code of Conduct

NON NEGOTIABLES

The Club, when necessary, will take appropriate action against any person who places the health, safety and wellbeing of another person at risk, including referring the matter to relevant Statutory Authorities and/or expulsion from the Club. The following behaviour which causes or has the potential to cause injury, offends, upsets, humiliates, excludes or frightens another person will not be tolerated.

Assault	Intentional physical attack or threatening behaviour including (but not limited to) hitting, slapping, kicking, spitting, throwing of an object, scratching or tripping
Abuse	Verbal insult, swearing or physical gestures
Bullying	The use of a position of power or strength to threaten, hurt or influence another person
Harassment	Continued intentional or unintentional unwelcomed actions or behaviour, including (but not limited to) sexual harassment
Discrimination	Intentional or unintentional inappropriate action or behaviour arising due to (but not limited to) a person's gender, race, religion, age or sexuality
Deliberate Misconduct	Intentionally disregarding directions of a Coach/Manager/Official or Club constitution, by-laws, Policies or Procedures etc

CONDUCT – Parent/Guardian

In addition to the Club's General Code of Behaviour, it is expected you meet the following requirements with regard to your conduct during any activity held by or under the auspices of the Club or Affiliates in your role as a parent/guardian:

1. Encourage your child to participate but do not force them.
2. Focus upon your child's efforts and performance rather than the overall outcome of the event. This assists your child in setting realistic goals related to his/her ability by reducing the emphasis on winning.
3. Teach your child that an honest effort is as important as winning, so that the result of each game is accepted without undue disappointment.
4. Encourage your child to play according to the rules at all times.
5. Be a model of good sports behaviour for children to copy.
6. Applaud good play by all players.
7. Never ridicule or yell at a child for making a mistake or losing a game.
8. If you disagree with an umpire or coach, raise the issue through the appropriate channels rather than question their judgement and honesty in public.
9. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or victimisation.
10. Recognise and respect the value and importance of volunteer administrators, coaches and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
11. Demonstrate appropriate social behaviour by not using unacceptable language or harassing administrators, coaches, players and umpires. Teach your child to do the same.
12. Support the use of age appropriate development activities and modified rules.
13. In the interest of good health, you should observe and comply with any no smoking signs

CONDUCT - Spectator

In addition to the Club's General Code of Behaviour, it is expected you meet the following requirements with regard to your conduct during any activity held by or under the auspices of the Club or Affiliates in your role as a spectator:

1. Remember that most players (in particular children) participate in netball activities for fun. They are not participating for entertainment of spectators only.
2. Applaud good performance and efforts by all players. When watching a game, congratulate both teams on their performance regardless of the game's outcome.
3. Respect the decision of the umpires.
4. Encourage players to play according to the rules and the official decisions, and develop your own knowledge of the rules.
5. Never ridicule or abuse a player for making a mistake during a competition.
6. Show respect for your team's coach, the umpire and opponents. Without them there would be no game.
7. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying or victimisation.
8. Demonstrate appropriate social behaviour by not using unacceptable language, sledge, or harass administrators, coaches, players, umpires or other spectators.
9. Condemn the use of violence in any form, be it by administrators, coaches, players, umpires or other spectators.
10. Support the use of age appropriate development activities and modified rules.
11. In the interest of good health, you should observe and comply with any no smoking signs

Coach Support – role descriptions

COACH SUPPORT – Team Manager

The task of coaching a team is an onerous one which involves many hours each week often as a volunteer, not only at training and on match days, but also in preparation for these activities. Your support in the following areas particularly on match days is essential to enable the coaches to do their job.

The role of the team manager is to:

1. Attend each training session, if possible, for about 10 minutes at either the beginning or end to:
 - Hand out newsletters, notices you have received or collated
 - Facilitate positive communication amongst the team and support the coach
2. Attend all Matches, if possible to:
 - Ensure all players have correct uniform
 - Help with court set up or additional duties as requested by the coach
 - Ensure Primary Carer, Timer and Scorers are present and score card is correctly filled in
 - To inform scorer of any positional changes at each break
 - Distribute & collect Bibs – Collect any personal belongings from Players
 - Be prepared to take stats if needed, and help with Match Reports and awards if requested by the Coach
3. General Tasks:
 - Prepare a Roster for all team duties – Primary caring, Scoring, Timing & Canteen*
 - At the beginning of the season make sure you are familiar with Primary carer, Scoring and Timing procedures and requirements
 - Ensure all players/families have information regarding times/location of games
 - Wash training & match day bibs as necessary
 - Athletes under 18 year must be supervised at all times

***Canteen Roster** – at Club level (for home games only) there will be roster created, at the team level the Team Manager/Coach should be reminding players/parents of their allocated duties in a timely manner.

COACH SUPPORT – Primary Carer

The task of coaching a team is an onerous one which involves many hours each week often as a volunteer, not only at training and on match days, but also in preparation for these activities. Your support in the following areas particularly on match days is essential to enable the coaches to do their job:

The role of the Primary Carer is required for each match day game in all grades across the club.

- Sit on the bench during the game alongside the coach
- Wear pink primary carer vest (located in court side tub at home games and supplied by host club on away games)
- To inform the scorer of any positional changes at break times
- Ensure you know the whereabouts of first aid kit (a kit is located on each court on home and away games)
- Notify the Club if any first aid kit stock needs topping up
- The Primary carer is the only person allowed on court to attend to players
- Tend to players' basic needs on or off court, as required, when time has been called due to injury or blood rule
- Request assistance of first aid personnel (and/or Club trainers) should further treatment be required
- If injury requires the player being carried from the court, liaise with the umpire re assistance from non-coaching personnel
- Ice packs are located in a freezer in clubroom at home games. Host clubs should have ice available on away games.
- Coaches will have confidential medical details for all players, including emergency contact details should they be required.

In the event of injury please ensure your player (parent if player is a child) is made aware of the existence of Netball SA insurance which may assist with expenses. Please refer them to a committee member if clarification is required.

Other References

International Netball Federation Rule Book, 2020 Edition

- ❖ Rule 5.1.2
- ❖ Rule 6.2
- ❖ Rule 9.3.

COACH SUPPORT – Scorer

The task of coaching a team is an onerous one which involves many hours each week often as a volunteer, not only at training and on match days, but also in preparation for these activities. Your support in the following areas particularly on match days is essential to enable the coaches to do their job:

The “White” scorecard is for the home team, the “Green” scorecard is for the away team

The role of the scorer

- Ensure that all players’ full/registered names (including playing positions) and the Primary Carers name is recorded on the score card prior to the commencement of the match.
- Names that do not appear on the scorecard before the start of the game may be added by the official scorers during the game, providing the team does not exceed twelve (12) players.
- At each quarter break confirm with the other scorer that goals scored, and centre passes match.
- Familiarize yourself with how long quarters are, break times and injury times.
- Record the goals scored and record the centre passes.
- Check and record each quarter score and then the final score in consultation with the other scorer.
- At the end of the game sign the scorecard. Obtain the captains and umpires signatures. Ensure that any player that didn’t take the court have their names crossed out.

Extra Information:

Any names of players that are highlighted on the scorecard must NOT have their photo taken due to privacy reasons.

No person under the age of 15 years shall be permitted to act as a scorer.

At all Home games there is a need to provide a board scorer in addition to the above.

Other References

International Netball Federation Rule Book, 2020 Edition

❖ Rule 5.3.1

COACH SUPPORT – Timer

The task of coaching a team is an onerous one which involves many hours each week often as a volunteer, not only at training and on match days, but also in preparation for these activities. Your support in the following areas particularly on match days is essential to enable the coaches to do their job:

Home games only – the team will need to supply 1 person to do timing duty.

The role of the timer:

- Familiarize yourself with how long quarters are, break times and injury times (general information is detailed below)
- Familiarize yourself with the timing device – set minutes, stop/start, clear time (there should be tips/hint card in the timer box)
- The timers and scorers from each team are required to sit together during the game in a central position on the side of the court.
- One person to do match times and quarter breaks/injury time, two timing devices will be supplied

No person under the age of 15 years shall be permitted to act as a timer.

Extra Information:

Injury/Illness or Blood -

The player concerned must leave the court within 30 second and receive treatment off the court.

Match times

Primary and Go matches shall play **four x ten-minute** quarters
Breaks are **three-minutes**, then **five minutes** at half time, then **three-minutes**

Sub Junior shall play **four x twelve-minute** quarters
Breaks are **three-minutes**, then **five minutes** at half time, then **three-minutes**

Junior, Intermediate and Senior matches shall play **four x fifteen-minute** quarters
Breaks are **three-minutes**, then **five minutes** at half time, then **three-minutes**

Other References

International Netball Federation Rule Book, 2020 Edition

- ❖ Rule 5.3.2
- ❖ Rule 9.3.1

Coaches Code of Conduct

NON NEGOTIABLES

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Assault	Intentional physical attack or threatening behaviour including (but not limited to) hitting, slapping, kicking, spitting, throwing of an object, scratching or tripping
Abuse	Verbal insult, swearing or physical gestures
Bullying	The use of a position of power or strength to threaten, hurt or influence another person
Harassment	Continued intentional or unintentional unwelcomed actions or behaviour, including (but not limited to) sexual harassment
Discrimination	Intentional or unintentional inappropriate action or behaviour arising due to (but not limited to) a person's gender, race, religion, age or sexuality
Deliberate Misconduct	Intentionally disregarding directions of a Coach/Manager/Official or Club constitution, by-laws, Polices or Procedures etc

CONDUCT

In addition to the Club's General Code of Behaviour, it is expected you meet the following requirements with regard to your conduct during any activity held by or under the auspices of the Club or Affiliates in your role as a coach:

1. Operate within the rules and spirit of netball, promoting fair play at all times.
2. Develop a positive netball environment by emphasising enjoyment and by providing appropriate development and competitive experiences.
3. Support opportunities for participation in all aspects of the sport.
4. Treat each person as an individual. Respect the rights and worth of every person regardless of their gender, ability, cultural background or religion.
5. Display control, courtesy and respect to all involved with netball.
6. Respect the decisions of umpires, officials, other coaches and administrators in the conduct of netball programs and competitions.
7. Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.
8. Ensure activities, equipment and facilities are safe and appropriate to the ability level of participating players. Activities, rules, equipment, length of games and training schedules should take into consideration the age, ability and maturity level of the participants.
9. Act with integrity and objectivity, and accept responsibility for your decisions and actions.
10. Ensure your decisions and actions contribute to a safe environment. Place the safety and welfare of the players above all else.
11. Ensure your decisions and actions contribute to an environment free of sexual harassment, bullying, discrimination or victimisation.
12. Any physical conduct with players should be appropriate to the situation and necessary for the player's skill development.
13. Adopt responsible behaviour in relation to alcohol and other drugs.
14. Be honest and do not allow your qualifications/accreditation to be misrepresented.
15. Maintain your appropriate security clearance as required (e.g. Working with children checks).

Coaches Expectations

Tanunda Netball Club acknowledges and appreciates the fact that you have volunteered your services – ***Thank you.***

Communication

Please allocate time during your training sessions to distribute and share information with players

Throughout the season we will supply you with the latest information on coaching and umpiring courses, representative team information for players and obligations /requirements from BLGNA (Barossa Light & Gawler Netball Association). Some of this will be for your own interest, and some will be for you to pass onto your players.

As a Club we will also distribute this information to players via email, social media and newsletters. Often we find verbal communication at a training session is the most effective way to share such information – we thank you in advance for passing this important information onto our players.

Trainings

To maintain consistency across the Club, we recommend including the following during a training session:

- Warm up – fitness and agility work
- Netball specific skills development (i.e. footwork, passing, catching, goal shooting)
- Teamwork
- Match practice
- Warm down

As each team is different, we anticipate the amount spent on each of these areas will vary.

At the beginning of the season it is often relevant to focus on fitness. During the season the focus may shift to the improvement of skills through specific drills to benefit your team's performance. The coach's handbook provides space to write down areas of strengths and weaknesses which may help guide your focus at trainings and provide valuable feedback for your players. We encourage you to chat with other coaches and develop and share plans for trainings to strengthen and support your approach. It is important we consider the needs and development of our players and we encourage coaches to keep this in mind when planning training sessions.

Expectations

To provide clear guidelines for your players during the season, we suggest sharing some common expectations with them. Adopting a shared approach will enable TNC to develop and improve consistency in these areas over time:

- Be punctual – start on time. Players generally expect to finish on time so make some specific rules about starting on time.
- Be organised – get all necessary equipment out before training. Ask players to help if they arrive early.
- Have a whistle (or two) – use to signal the end of drills and for umpiring.
- You are in charge. Don't let players tell you what to do. Listen, yes, but ultimately you decide.
- Stay warm. Once your team has warmed up, keep discussions for the end of training. When players cool down mid-way through training it can contribute to injury and less focus for subsequent activities.
- Allow time each training for administration (sharing information, going through team and Club roster/duties obligations for each week).
- Encourage "sportsmanship" whether it is at training or during a game, encourage players to **be positive** to each other and the opposition.
- **Respect** the umpire – don't argue, accept the decisions, get on with the game. If a player is being penalised repeatedly query at an interval (in the correct manner) – don't argue during the game. We ask coaches to lead by example and discourage negative attitudes towards umpires. Keep a rule book on hand and refer to it if needed to (correctly) query an umpire. Encourage players to avoid 'glaring' at umpires. It generally only makes the umpire more aware of the player and other mistakes committed by that player.
- Mentally prepare players for a task – a big game, even a not so big game. Set goals. Work on team spirit and being positive.

Duties for match days

Players and families are expected to fulfil a number of duties throughout the season. We appreciate you sharing this information with players and reminding players each week.

Duties may include:

- Primary Carer, Scoring & timing – for your game
- Umpiring
- Canteen

PLEASE make sure that players and parents/caregivers are aware of their duties – every little bit helps the club.

Coaching qualifications

Tanunda Netball Club follows the Netball Australia Coach Accreditation pathways.

We encourage all of our coaches to seek out qualifications to assist with development and needs of both coaches & players.

Course Name	Duration	Target Audience
Foundation Coach Course	Online Foundation Course	Club coaches
Development Coach Course	Online Development Course and 4.5-hour face to face course.	Club, Association & Regional Coaches
Intermediate Coach Course	7 face to face course	Representative, Talent Identification and State League level.
Advanced Coach Course	29 hours face to face course and assignment work	Representative, Talent Identification and State League level.
Elite Coach Course	As required	SSN assistant, underage state, state league (top level) and potential high performance coaches
High Performance Coach Course	As required	Top level State League, State/Territory, ANL or SSN coaches

All courses within the National Coach Accreditation Framework are part of the National Coaching Accreditation Scheme (NCAS) as administered by the Australian Sports Commission (ASC).

Please remember...

You are a very important member of our Club, and your team.

You teach, guide and direct – you make the vital decisions; you are responsible for your group of players. Be aware of their needs. Be fair, considerate and honest with your team.

We would like you to encourage improvement in individuals and teams.

- Nurture your team's needs – aim to develop the skills of individuals and teamwork.
- Provide a safe environment for training and matches.

Your aim ultimately is to improve the skill and performance level of your team over the season.

Winning is great but we know it's not everything.

Extreme Weather Policy – hot weather

Tanunda Netball Club aims to raise awareness about the associated issues with exercising in hot and humid weather and supports the **Sports Medicine Australia 'Hot weather guidelines'**.

Exercise in the heat places extra demands on the body. The dangers of high intensity exercise in a hot environment, with associated fluid loss and elevation of body temperature can be quite dangerous. Dehydration, heat exhaustion and heat stroke may result.

The Club aims to:

- Help and notify organisers, coaches, athletes and parents whether an event or training should be modified or cancelled and when it is safe to compete or train in the heat
- Minimise any risks during activities by following the SMA hot weather guidelines suggestions of prevention, intervention and management at times of hot weather conditions.

Parents, coaches & team managers can also help by ensuring that all participants are adequately hydrated prior to, during and after activities. Ascertain if any participants have known medical conditions which maybe affected by the conditions.

Remind participants if they are feeling dizzy, faint or nauseous to discontinue activity and seek medical attention.

Tanunda Netball Club is also bound to adhere to the Netball SA Extreme weather guidelines policy.

For training at Tanunda Netball Club courts

If at 6.30pm on the Wednesday before training, the forecast temperature for Tanunda is 36 degrees Celsius or higher then, using the BOM App for Tanunda look at for the following:

- a) At 3.30pm, if the temperature is 34 degrees Celsius or higher then training for Go and Primary grades will be cancelled
- b) At 4.30pm, if the temperature is 36 degrees Celsius or higher then training for Sub Junior, Junior and Intermediate grades will be cancelled
- c) At 6.30pm, if the temperature is 36 degrees Celsius or higher then training for all senior grades will be cancelled

If in doubt please contact your coach.

The Club will make every effort to post training cancellation details on social media.

Extreme Weather Policy – wet weather

Tanunda Netball Club is guided by the **Netball SA – Extreme Weather Guidelines for Member Clubs & Associations** when maintaining the safety for organisers, coaches, athletes and parents during extreme weather conditions of hail and lightning.

For training at Tanunda Netball Club courts

Training should be suspended or cancelled for Thunderstorms and Lightning

The definition of a thunderstorm is where lightning can be seen and / or thunder can be heard. Any storm which produces thunder means lightning is always present, even though it may be obscured by cloud. If there is less than 30 seconds between the lightning and thunder, then the lightning is within 10 km of the listener.

If there is hail, then all activities must immediately cease, and participants should seek cover.

Netball is traditionally an outdoor winter sports and as such, it is recommended that all netball activities should proceed where possible unless the conditions are considered unsafe.

Our volunteers, roles and responsibilities

As a community-driven Club, we are grateful for the large number of volunteers who gift their time to support our Club. Quite simply, our Club would not be possible without the ongoing support and time given by our volunteers.

Where possible our Committee breaks down tasks into smaller, more manageable roles and responsibilities. We believe in the saying 'many hands make light work' and encourage you to consider what role/s you may be able to undertake to support our Club and ensure we can meet our Association obligations, as well as maintain the smooth running of teams and associated tasks. While many roles are volunteer-based, some responsibilities are rostered to ensure all team members actively contribute throughout the season.

A summary of roles are listed below:

Junior Players	Senior Players
<ul style="list-style-type: none">• Coach• Team Manager• Primary Carer• Score Card (each player rostered 1-2 games per season)• Timer (each player rostered 1-2 games per season)• Canteen (each player rostered 1 x 2 hour shift per season)	<ul style="list-style-type: none">• Coach• Team Manager• Primary Carer• Score Card (each player rostered 1-2 games per season)• Timer (each player rostered 1-2 games per season)• Umpiring (each player rostered 1 game per season)

Our competition – game times and court locations

The Tanunda Netball Club is part of the Barossa, Light and Gawler Netball Association and is affiliated with Netball SA. Each of the 9 Clubs within the Association also have a Football Club. In general, Netball and Football are played at the same ground each week.

The Clubs are:

- Angaston
- Barossa
- Freeling
- Kapunda
- Gawler Central
- Gawler South
- Nuriootpa
- Willaston

Two rounds are played each season, one home game and one away game per Club. Each Club will also have two bye rounds, as well as two Association bye rounds (June long weekend and mid-July).

Game Times

8.30am	Go 2 & Primary 2
9.30am	Go 1, Primary 1 & Sub Junior 2
10.30am	Sub Junior 1, Junior 2 & Inter 2
12noon	Senior 7, Junior 1 & Inter 1
1.30pm	Senior 2, 4 & 6
3.00pm	Senior 1, 3 & 5

Season 2024 program

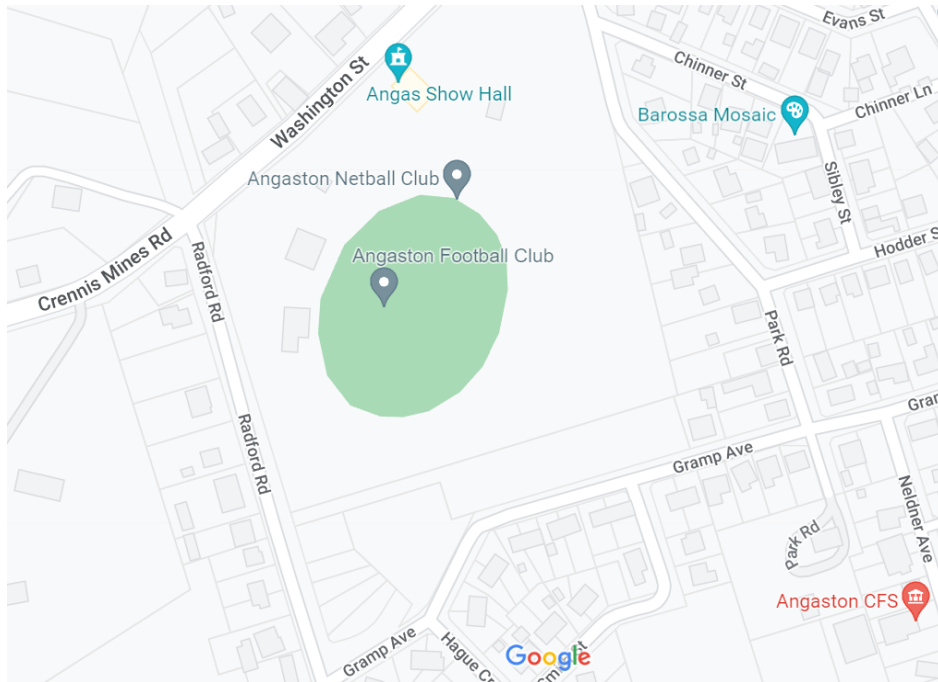
The full program can be accessed via TNC website

A link below is provided for easy access

<https://www.tanundanetballclub.net/2024-program>

Angaston

12 Park Road, Angaston



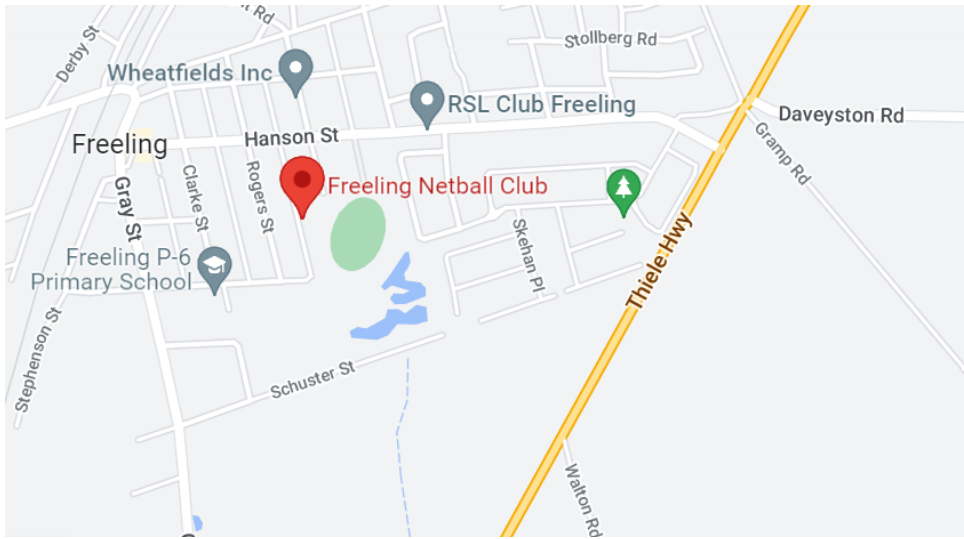
Barossa District

Queen Victoria Jubilee Park, Williamstown



Freeling

Bockmann Lane, Freeling



Kapunda

Baker Street, Kapunda



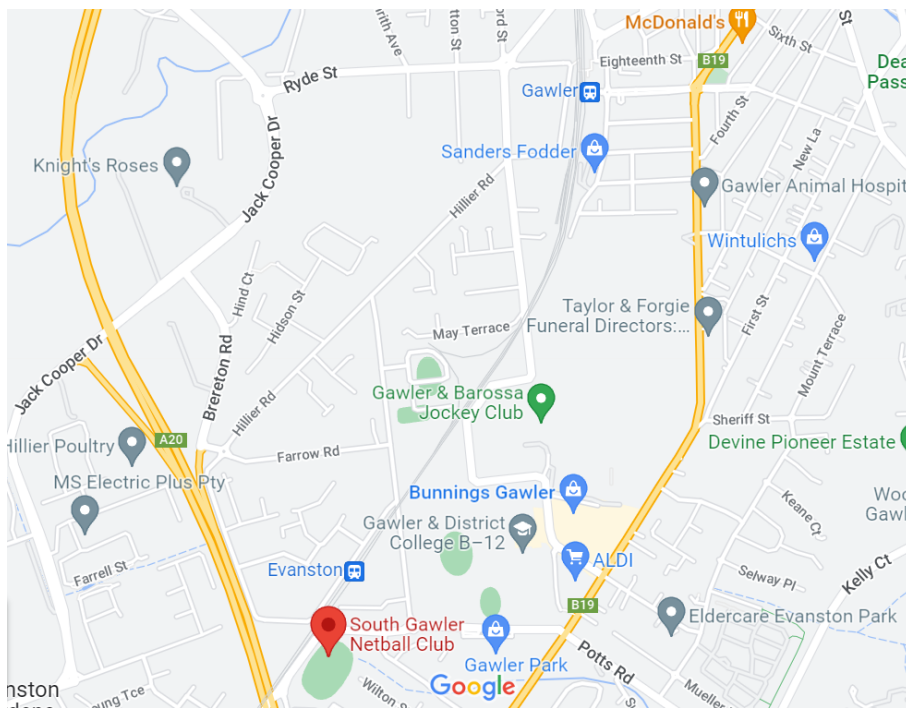
Gawler Central

13-15 Patterson Terrace, Gawler



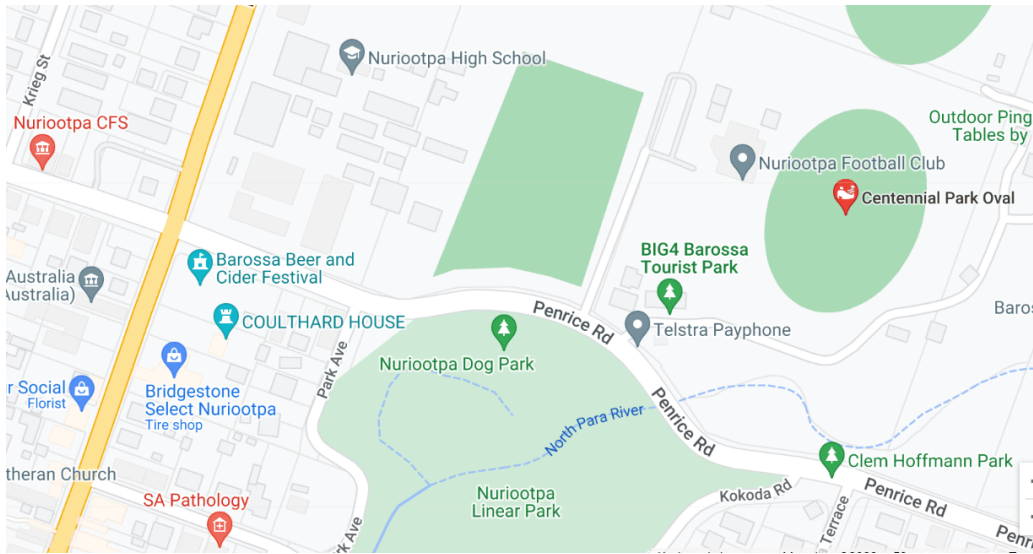
Gawler South

Dawson Road, Evanston



Nuriootpa

Centennial Park Oval, Penrice Road, Nuriootpa



Willaston

Elliot Goodger Memorial Reserve/ Oval, 40 Gawler River Road, Willaston



Tanunda Netball Club – Uniform Registration

Dress – All grades:

Black, white and grey “A-line” dress
Club logo on front Left hand side
Black side panel with “TANUNDA” in white letters

Additional Requirements:

Go (Netta) and Primary grades to wear Black long sleeve top and/or Black leggings/pants.
Not all players to wear the additional clothing items.

Shorts – All grades:

Black ‘boy leg’ shorts with Club log on RHS rear panel

Additional Requirements:

Go (Netta) and Primary grades to wear plain Black boy leg shorts

Socks – All grades:

White sock with black “TNC” in between double black lines

Additional Requirements:

If Club socks are unavailable a predominately white sock can be worn (small brand/logo acceptable)

All Uniform items and other Club merchandise are available for purchase from the Club.
There will be advertised times for the opportunity to purchase items pre-season & during the season.

Contact Details

Email

tanundanetball@bigpond.com

Website

<https://www.tanundanetballclub.net/>

Facebook

<https://www.facebook.com/people/Tanunda-Netball-Club/100057628952488/>

Registration Details – via PlayHQ

<https://www.playhq.com/netball-australia/org/tanunda-netball-club/b484e85f/register>